



CONFERENCE AGENDA

@ = session will be part of the livestream

% = session will be recorded and available to all registered guests after the conference

= CME credits available for guests registered for the CME

Teen Program = activities for guests aged 12-19.

Friday, July 11, 2025

6:00 PM - 9:00 PM

Registration Materials & Conference Badge Pickup - Hotel Lobby

Electrolyte Bar - Cameron Ballroom

Opening Reception - Main Hallway

Light Appetizers & Refreshments

Old-Fashioned Ice Cream Bar

POTS Pals/Teen Program Sign Up Desk

Team Turquoise Info Desk

“Share Your Story” Interview Sign Up Desk

Dysautonomia International Merch Booth

6:00 PM - 7:00 PM

Adult Patients Mixer - Chimney Rock Ballroom

Teen Patients & Siblings Mixer - Reynolds Ballroom

Caregivers Mixer - Mendenhall Ballroom

Healthcare Professionals Mixer - Pinehurst Ballroom

7:00 PM - 8:00 PM

Speed Networking - Mendenhall and Reynolds Ballrooms

8:00 PM - 9:00 PM

Jeopardy - Chimney Rock Ballroom

Compete for prizes with a team. Pop culture and dysautonomia clues. If you don't have a team, we'll help connect you with one. All welcome!

Saturday, July 12, 2025

Conference Registration & Help Desk Open

8:00 AM - 4:00 PM - Hotel Lobby

Exhibit Fair

8:30 AM - 5:00 PM – Main Hallway

Welcome Remarks: Finding Common Ground

Lauren Stiles, JD, Dysautonomia International

8:45 AM - 9:00 AM - Chimney Rock and Mendenhall Ballroom % @

Opening Plenary: Up Against Gravity: Delivering Blood Flow to the Dysautonomia Brain

Amanda Miller, PhD, Lebanon Valley College

9:00 AM - 9:30 AM - Chimney Rock and Mendenhall Ballroom % @ #

Diagnostic Approach to Autonomic Nervous System Disorders

Brent Goodman, MD, Honor Health

9:40 AM - 10:20 AM - Chimney Rock and Mendenhall Ballroom % @ #

Helping Our Kids (and Parents) Get to Adulthood with Chronic Illness

Jeffrey Boris, MD, Jeffrey R. Boris MD, LLC

9:40 AM - 10:20 AM - Pinehurst Ballroom %

Teen Program: Icebreaker Games

Laura Ruszczuk, Dysautonomia International

9:40 AM - 10:20 AM - Reynolds Ballroom

The Pathophysiology of POTS

Satish Raj, MD, MSCI, University of Calgary

10:30 AM - 11:10 AM - Chimney Rock and Mendenhall Ballroom % @ #

Managing Post-Concussive Dysautonomia

Dr. Merryo Choe, University of California - Los Angeles

10:30 AM - 11:10 AM - Pinehurst Ballroom %

Teen Program: Understanding How the Autonomic Nervous System Works

Amanda Miller, PhD, Lebanon Valley College

10:30 AM - 11:10 AM - Reynolds Ballroom

The Science of Hydration for POTS & Orthostatic Intolerance

Howard Snapper, MD, Wellstar Center for Cardiovascular Care
11:20 AM - Noon - Chimney Rock and Mendenhall Ballroom % @ #

Discussion Panel: Leveraging New Technologies to Empower Patients

Moderator: Lauren Stiles, JD, Dysautonomia International
Panelists: Laura Elster, Tempus AI and Brandon Colby, MD, Sequencing.com
11:20 AM - Noon - Pinehurst Ballroom %

Teen Program: Scavenger Hunt Kickoff

Shannon Linford, Dysautonomia International
11:20 AM - Noon - Reynolds Ballroom

Lunch Break

Noon - 1:00 PM - Complimentary boxed lunch available in the Main Hallway outside of the Chimney Rock Ballroom.

Regional Support Group Meetups

Noon - 1:00 PM - Pinehurst Ballroom (you can bring your lunch)

Immune Biomarkers & Platelet Dysfunction in POTS

Blair Grubb, MD, University of Toledo
1:00 PM - 1:40 PM - Chimney Rock and Mendenhall Ballroom % @ #

Actionable Nutritional & Metabolic Concerns in Dysautonomia

Gregory Plotnikoff, MD, MTS, FACP, Minnesota Personalized Medicine
1:00 PM - 1:40 PM - Pinehurst Ballroom %

Teen Program: Using Occupational Therapy Concepts to Build Your Dysautonomia Coping Skills Toolbox

Emily Rich, PhD, OTR/L, Tucson Medical Center
1:00 PM - 1:40 PM - Reynolds Ballroom

The Effect of High-Dose Long-Term Therapy with Intravenous Immunoglobulins in Autoimmune Autonomic Neuropathy

Peter Novak, MD, PhD, Harvard University
1:50 PM - 2:30 PM - Chimney Rock and Mendenhall Ballroom % @ #

Is There a Role for Stem Cell Therapy in Treating Autonomic Disorders?

Mohammed Numan, MD, University of Texas – Houston
1:50 PM - 2:30 PM - Pinehurst Ballroom %

Teen Program: Talking To Your Classmates About Dysautonomia & Getting Ready for College

Katherine Hut, Dysautonomia International
1:50 PM - 2:30 PM - Reynolds Ballroom

Managing Headaches in Dysautonomia

Svetlana Blitshteyn, MD, Dysautonomia Clinic

2:40 PM - 3:20 PM - Chimney Rock and Mendenhall Ballroom % @ #

Using a Comorbidity Informed Approach to Dysautonomia Physical Therapy

Clayton Powers, DPT, PT, University of Utah

2:40 PM - 3:20 PM - Pinehurst Ballroom %

Teen Program: How Teens Can Raise Awareness or Raise Funds for Dysautonomia Research

Moderator: Ellie Jackson, Dysautonomia International

Panelists: Taylor Kulp, Race to Beat POTS, Shannon Allitt, Knox Rocks POTS, and Sophia Elster, DysautoKNOWmia Movement

2:40 PM - 3:20 PM - Reynolds Ballroom

Treating Syncope: To Ablate or Not?

Robert Sheldon, MD, PhD, University of Calgary

3:30 PM - 4:15 PM - Chimney Rock and Mendenhall Ballroom % @ #

Pediatric Dysautonomias: The Importance of Making An Accurate Diagnosis and Identifying Comorbidities

Elizabeth Bettini, PhD, APRN, PCNS-BC, Children National Hospital

3:30 PM - 4:15 PM - Pinehurst Ballroom %

Teen Program: Scavenger Hunt Wrap-Up

Shannon Linford, Dysautonomia International

3:30 PM - 4:15 PM - Reynolds Ballroom

Research Poster Session & Reception

Posters will be available for viewing starting at 4:15 PM. Researchers will be available at their Posters for questions from 5:00 PM - 6:00 PM. Light refreshments and appetizers will be served.

4:15 PM - 6:00 PM - Smith and Cameron Ballroom

Awards Banquet

Dinner will be followed by DJ, dancing, photobooth, silent auction, and karaoke.

6:00 PM - 9:00 PM - Pinehurst, Chimney Rock and Mendenhall Ballroom

Sunday, July 13, 2025

Conference Registration & Help Desk Open

8:00 AM - 3:00 PM - Hotel Lobby

Exhibit Fair Open

8:00 AM - 3:00 PM - Main Hallway

Dysautonomia Rehab Intensive for Physical Therapists, Occupational Therapists, and other Rehabilitation Professionals

This course for medical professionals requires a separate registration from the main conference. If you have a turquoise badge lanyard you are registered for this course. If you have a white badge lanyard, please stop at the registration desk if you would like to add this course to your registration.

8:00 AM - 3:00 PM - Mendenhall Ballroom %

Dysautonomia in Hypermobile Children with Eosinophilic Esophagitis: A Distinct Phenotype

Joshua Wechsler, MD, Lurie Children's Hospital

8:30 AM - 9:10 AM - Chimney Rock Ballroom % @ #

Discussion Panel: Post-Vaccine POTS and Autonomic Dysfunction – A Review of Recent Research and the Legal Landscape

Moderator: Lauren Stiles, JD, Dysautonomia International

Panelists: Brianne Dressen, REACT19 and Linda Simoni-Wastila, MSPH, PhD, University of Maryland School of Pharmacy

8:30 AM - 9:10 AM - Pinehurst Ballroom %

Research Updates

9:20 AM - 10:00 AM - Chimney Rock Ballroom % @

One-Year Cardiovascular Outcomes in Children and Adults with POTS: A Real-World Multicenter Analysis

Ali Reza Rahmani, MD, Stony Brook University

Possible Genetic Markers for POTS

Jeffrey Boris, MD, Jeffrey R. Boris MD, LLC

Greater comorbidity is associated with more functional impairment and lower exercise engagement among adults with POTS

Elizabeth Walsh, PhD, Vanderbilt University

Community Engagement Session: Developing New Treatment Guidelines for POTS

(bring your cell phone to vote during this interactive session)

Panelists: Brent Goodman, MD, Honor Health, Satish Raj, MD, MSCI, University of Calgary and Lauren Stiles, JD, Dysautonomia International

9:20 AM - 10:00 AM - Pinehurst Ballroom %

Research Updates:

10:10 AM - 10:50 AM - Chimney Rock Ballroom % @

REGN7544, a natriuretic peptide receptor 1–blocking monoclonal antibody, is a novel approach to increase blood pressure: Results of a first-in-human phase 1 study

Ethan Marin, MD, PhD, Regeneron Pharmaceuticals, Inc.

Characterizing Autonomic Dysfunction in Post-Treatment Lyme Disease

Brittany Adler, MD, Johns Hopkins University

Evaluation of Supracardiac Venous Angioplasty and Stenting on Orthostatic Intolerance and Orthostatic Hypotension – The STANDUP Study

Karthikeyan M. Arcot, MD, St. Francis Hospital and Heart Center

Managing Comorbidities in POTS

Hasan Abdallah, MD, Johns Hopkins Medicine

10:10 AM - 10:50 AM - Pinehurst Ballroom %

Teen Program: Ask a Dysautonomia Doctor Anything!

Panelists: Jeff Boris, MD, Jeffrey R. Boris MD, LLC, Mohammed Numan, MD, University of Texas - Houston, Meeryo Choe, MD, University of California - Los Angeles

10:10 AM - 10:50 AM - Reynolds Ballroom

Mast Cells and the Autonomic Nervous System: Who is in charge here?

Onyinye I. Iweala, MD, PhD, University of North Carolina - Chapel Hill

11:00 AM - 11:40 AM - Chimney Rock Ballroom % @ #

Community Engagement Session: Developing Patient-Centered POTS Clinical Trial Outcomes

(bring your cell phone to vote during this interactive session)

Panelists: Robert Sheldon, MD, PhD, University of Calgary and Lauren Stiles, JD, Dysautonomia International

11:00 AM - 11:40 AM - Pinehurst Ballroom %

Teen Program: Nutrition Tips to Reduce Dysautonomia Symptoms

Gregory Plotnikoff, MD, MTS, FACP, Minnesota Personalized Medicine

11:00 AM - 11:40 AM - Reynolds Ballroom

Lunch Break

11:40 AM - 12:40 PM - Complimentary boxed lunch available in the Main Hallway outside of the Chimney Rock Ballroom.

Small or Large? Nerve Size Matters in Autonomic Disorders!

Kamal Chémali, MD, Case Western Reserve University

12:40 PM - 1:20 PM - Chimney Rock Ballroom % @ #

Diagnosis & Treatment of Sjogren's Disease: The Second Most Common Cause of Autonomic Neuropathy

Brit Adler, MD, Johns Hopkins University

12:40 PM - 1:20 PM - Pinehurst Ballroom %

Teen Program: Dysautonomia-Friendly Seated Yoga

Liza Fisher, Certified Yoga Instructor

12:40 PM - 1:20 PM - Reynolds Ballroom

Discussion Panel: The Changing Face of hEDS - New Insights into Cause and Complexity

Panelists: Russell "Chip" Norris, PhD, Cortney Gensemer, PhD and Xiaolong Peng, PhD, Medical University of South Carolina

1:30 PM - 2:10 PM - Chimney Rock Ballroom % @ #

How To Get the Most Out of Clinical Visits When You Have Dysautonomia

Sameh Mobarek, MD, FACC, University of North Carolina Health

1:30 PM - 2:10 PM - Pinehurst Ballroom %

Teen Program: Navigating Social Media as a Teen with Dysautonomia

Kristen Waldbieser, Dysautonomia International

1:30 PM - 2:10 PM - Reynolds Ballroom

Searching for the Root Cause: Biomarker Discovery in POTS and Long COVID

Tae Chung, MD, Johns Hopkins University

2:20 PM - 3:05 PM - Chimney Rock Ballroom % @ #

Stories of Hope & Recovery

Liza Fisher, Zach Hungerford, and Amanda Miller, PhD

2:20 PM - 3:05 PM - Pinehurst Ballroom %

Teen Program: Stories of Hope & Recovery

Teens will go to the Pinehurst Ballroom from 2:20 PM - 3:05 PM.

Q&A with the Experts and Closing Ceremony

3:05 PM - 4:00 PM - Chimney Rock Ballroom % @