

**Continuing Medical Education Course**  
**Saturday, April 26, 2025 | In-Person and Virtual**

# **Updates in Postural Orthostatic Tachycardia Syndrome (POTS) Clinical Care & Research**

## **CME FACULTY**



**Cara Harth, MD, Course Co-Chair**  
Clinical Associate Professor  
of Neurology  
Stony Brook University



**Taylor Doherty, MD**  
Professor of Medicine  
Chief, Division of Allergy & Immunology  
University of California, San Diego



**Jeff Boris, MD**  
Cardiologist and Pediatric  
Autonomic Specialist  
Jeffrey Boris, LLC



**Laura Pace, MD, PhD**  
Clinical Assistant Professor of Medicine  
Division of Gastroenterology  
& Hepatology  
Stanford University



**Kamal Chémali, MD**  
Associate Professor of Neurology  
Case Western Reserve University  
Director, Autonomic Lab  
UH Cleveland Medical Center



**Hal A. Skopicki, MD, PhD**  
Associate Professor of Medicine  
Ambassador Charles A. Gargano  
Chair of Cardiology  
Stony Brook University



**Sarah Diekman, MD, JD, MS, MPH**  
Instructor & Adjunct Professor  
University of North Carolina  
Founder, Diekman Dysautonomia, LLC



**Lauren Stiles, JD, Course Co-Chair**  
Research Assistant Professor  
of Neurology  
Stony Brook University  
President, Dysautonomia International

## **PROVIDED BY**



**Stony Brook Medicine**

**DYSAUTONOMIA INTERNATIONAL**



**AWARENESS**



**ADVOCACY**



**ADVANCEMENT**

# AGENDA

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8:00AM

**Registration Opens**

8:55 AM - 9:00 AM

**Welcome Remarks**

Cara Harth, MD

9:00 AM - 9:30 AM

**Introduction to POTS**

Lauren Stiles, JD

9:30 AM - 10:30 AM

**The POTS Workup & Differential**

Kamal Chémali, MD

10:30 AM - 11:00 AM

**Non-Pharmacological Treatment of POTS**

Cara Harth, MD

11:00 AM - 11:15 AM - BREAK

11:15 AM - Noon

**Pharmacological Treatment of POTS**

Jeffrey Boris, MD

Noon - 12:45 PM

**Immune Dysfunction in POTS: Antibodies, Cytokines and Mast Cells**

Taylor Doherty, MD

12:45 PM - 1:45 PM - BREAK

(lunch is available for purchase at several restaurants on campus)

1:45 PM - 2:30 PM

**Diagnosis & Treatment of Gastrointestinal Dysmotility in POTS**

Laura Pace, MD, PhD

2:30 PM - 3:00 PM

**Ehlers Danlos Syndromes and Joint Hypermobility in Autonomic Disorders**

Sarah Diekman, MD, JD, MPH

3:00 PM - 3:15 PM - BREAK

3:15 PM - 3:30 PM

**Highlights in Recent POTS Research**

Lauren Stiles, JD

3:30 PM - 4:00 PM

**Discussion Panel: POTS Clinical Care and Research at Stony Brook**

Cara Harth, MD

Hal Skopicki, MD, PhD

Lauren Stiles, JD

4:00 PM - 5:00PM

**Networking Reception**

Light refreshments will be served.

# SAT, APRIL 26, 2025

## 8:55AM - 5:00PM

**MART Auditorium, Stony Brook University  
Renaissance School of Medicine**

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**Register at:**  
**[bit.ly/StonyBrookCME](https://bit.ly/StonyBrookCME)**

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### FEES

Stony Brook Faculty, Staff & Students	<b>Free</b>
Community Physicians	<b>\$100</b>
RN, PT, OT & Allied Health	<b>\$75</b>
Patients & Caregivers	<b>\$25</b>
Livestream with CME credits	<b>\$100</b>
Livestream without CME credits	<b>\$25</b>

### TARGET AUDIENCE

This CME course is intended for primary care physicians, cardiologists, electrophysiologists, neurologists, gastroenterologists, pediatricians and other clinicians who are interested in learning more about POTS. Stony Brook students, faculty, staff and members of the public may also register for this course.

### ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the School of Medicine, State University of New York at Stony Brook and Dysautonomia International.

The School of Medicine, State University of New York at Stony Brook, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The School of Medicine, State University of New York at Stony Brook designates this live activity for a maximum of **5.50 AMA PRA Category 1 Credit(s)<sup>™</sup>**. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### QUESTIONS?

[events@dysautonomiainternational.org](mailto:events@dysautonomiainternational.org)